# Andrew Bull's reading list

# For Leaders who want to charge ahead

## "Extreme Ownership" by Jocko Willink and Leif Babin

Taking responsibility for your actions and their results is the cornerstone of good leadership. "Extreme Ownership" provides compelling insights into how leaders can boost their team's effectiveness by taking full ownership of their outcomes. It's a powerful call to transform potential group weaknesses into strengths.

#### "The Courage to Be Disliked" by Ichiro Kishimi and Fumitake Koga

Being a leader often involves making tough decisions that might not please everyone. This book helps leaders understand the importance of standing their ground, even when it means being disliked. Through the lens of Adlerian psychology, it explores how liberating oneself from the need for validation can lead to true leadership.

#### "Monsters of Team Performance" by Andrew Bull

Andrew Bull's book is a must-read. It guides leaders in identifying and confronting the 'monsters'—the unspoken challenges and issues—that hamper team performance. This book provides pragmatic strategies to transform your business, enabling your team to reach its full potential.

## "The Lost Art of Listening" by Michael P. Nichols

Effective communication goes beyond merely speaking—it involves active listening. This book illustrates the powerful impact of attentive listening in understanding your team's perspectives and issues. By practising reciprocal listening, leaders can foster better connections and create a more conducive work environment.

#### "Good Strategy / Bad Strategy" by Richard P. Rumelt

Leadership requires strategic thinking, and this book provides a superb introduction to the subject. Filled with real-life examples and insightful analysis, it aids leaders in refining their strategic thinking and accelerating their projects.

#### "Deep Work" by Cal Newport

To lead effectively, personal effectiveness is crucial. "Deep Work" provides an understanding of how leaders can enhance their productivity and establish healthier work practices within their teams. It's a guidebook for those seeking to instil a culture of focused work in their organisation.

Remember, The Andrew Bull Companies offer Executive coaching and training for leaders and teams. Discover more at <u>BullCompanies.com</u>